

## Mobile On-Site Chair Massage

Whether you've been sitting at your computer for too long or you "carry" your stress in your upper back and shoulders, chair massage provides **natural, drug-free** relief from everyday aches and pains.

Benefits include:

- ☺ Affordable
- ☺ Portable
- ☺ Convenient
- ☺ No disrobing
- ☺ No messy oil/lotion
- ☺ Relaxing
- ☺ and the list goes on...

Chair massage uses a specially-designed, adjustable chair and focuses on the upper body - the neck, shoulders and upper back. Sessions typically range from 15 to 30 minutes. Afterward most clients are amazed at how much better they feel!

Chair massage offered in the work place has proven to increase worker production! Ask your employer to call **ZENITH massage** about chair massage opportunities.

*A chair massage may be just the thing you need.*

## Need a gift idea??

Ask about a gift certificate  
for **ZENITH massage**  
services.



*"The gift of touch is the most  
priceless gift of all."*

Payment accepted in cash or  
check at time of service.

*By Appointment Only.*



**Kelly Harrison, LMT**

Oregon License #12022

*at the*

Historic Redmond Hotel

521 SW 6th St

Suite 227

Redmond, Oregon 97756

541.279.8095

health@zenithmassage.com

www.zenithmassage.com

## Massage a la carte



### Table Massage (Swedish, Relaxation or Deep Tissue)

1 hour	\$60
1.5 hours	\$90
2 hours	\$120



### Traditional Thai massage

1 hour	\$65
1.5 hours	\$95
2 hours	\$125

*Traditional Thai massage is done on a cushy floor mat with clothing on and no oil/lotion. It is an ancient healing art that has been called "passive yoga" and is both deeply relaxing and therapeutic. Designed to find and release areas of "stuck" or stagnant energy in the body, this treatment will leave you feeling refreshed and vibrant!*



### Thai Foot Massage

45 minutes	\$45
1 hour	\$60

*A warm foot soak with aromatherapy oils followed by a deeply soothing foot reflexology treatment in the ancient Thai tradition will leave you and your feet glowing!*

## Discounted Massage Packages

### Table massage (Swedish, Relaxation or Deep Tissue)

#### w/10% discount:

Five 1 hour massages	\$270
Five 1.5 hour massages	\$405
Five 2 hour massages	\$540

### Traditional Thai massage

#### w/10% discount:

Five 1 hour massages	\$290
Five 1.5 hour massages	\$425
Five 2 hour massages	\$560

### Traditional Thai foot massage

#### w/10% discount:

Five 45-minute massages	\$200
Five 1 hour massages	\$270



### Mobile On-Site Chair Massage

*\$1/minute (30 minute minimum - no travel charges for Redmond).*



Kelly Harrison is a Licensed Massage Therapist (Oregon LMT # 12022) and owner of **ZENITH massage**.

A graduate of the Oregon School of Massage, Kelly helps clients achieve health and wholeness through skilled, nurturing and respectful touch.